Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Sunday 20 Aug 2023 until 23:59 on Monday 21 Aug 2023

Forecast Issued on Sunday 20 Aug 2023 at 02:02 by Met Office Aberdeen

Confidence: High confidence in low pressure system moving away to allow more settled conditions by mid-week. Lower for detail of rainfall Monday.

Headline for Sunday 20 Aug 2023: Cloudy start, sunny spells and scattered showers at times later. Breezy.

Mountain weather hazards on Sunday 20 Aug 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny intervals	Light rain showers	Heavy rain showers	Heavy rain showers	Heavy Rain
Precipitation probability					
30%	30%	40%	40%	40%	40%

Forecast for Sunday 20 Aug 2023

Weather: A cloudy start with a few showers through the early hours. Dry for much of the morning but showers developing into the afternoon, these turning heavier into evening and more frequent later.

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Scattered or broken low cloud base 600-800m at first, lifting through the first part of the morning. Further scattered low cloud base 700-800m into the evening. Visibility generally good, temporary reductions in showers, particularly heavier ones.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 20 Aug 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	32/39 S	29/37 S	29/38 SW	27/35 SW	28/37 S	31/39 S	34/43 S
900	23/30 SW	22/29 S	21/29 SW	21/28 SW	21/28 S	22/30 S	23/32 S
600	29/34 SW	23/30 SW	24/32 SW	23/30 SW	26/33 S	27/34 S	28/37 S
300	13/20 S	13/20 S	15/23 SW	14/23 SW	14/22 S	13/22 S	15/24 S
Glen	7/17 SW	11/21 SW	14/27 SW	12/24 SW	8/19 S	6/16 S	10/24 S

Height (m)	Temperature / Feels Like (°C)						
1300	7/1	7/1	7/2	8/3	8/2	8/3	7/2
900	9/5	10/6	11/7	11/8	11/7	10/7	10/6
600	12/7	12/9	13/9	14/10	13/9	13/9	12/8
300	14/12	15/12	16/13	16/14	15/13	15/12	14/12
Glen	15/14	17/15	18/15	18/16	17/16	16/15	16/14
Freezing Level*	2200m	2100m	2100m	2300m	2500m	2500m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of strong summit winds.

Forecast for Monday 21 Aug 2023
Weather: A few heavy showers overnight and to start on Monday, especially in the south. Cloud and outbreaks of rain pushing in from the west by around mid-morning, rain turning heavier and more persistent during the afternoon and evening.

Maximum wind: South to southwesterly 20-25mph gust 35-40mph

Chance of cloud-free hill tops above 800m: 70-80% until the evening when chance lowers to 30-40%

Low Cloud and visibility: Few or scattered low cloud base 500-700m during the early hours in association with showers. Broken cloud base 500-700m by evening. Good visibility in dry spells but moderate or perhaps poor in rain or heavy showers.

Temperature: **Glens:** Plus 15 rising to plus 18 Celsius
At 800m: Plus 9 rising to plus 11 Celsius
Freezing level: Above summits

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